ABSTRACT OF THE DISCLOSURE

A medical arm securing device for temporarily securing the arms of an immobile person in an accessible position. The medical arm securing device includes a main member, and a first slot and a second slot extending into the main member. The slots receive the wrists of an immobile patient and prevent the arms from falling to the sides. A securing slot extends into a bottom portion of the main member for attaching to a strap. A plurality of notches preferably extend into the front and rear ends of the main member for selectively receiving a band member.